



St. Francis De Sales Parish BULLETIN



25 FEBRUARY 2024

Roman Catholic Parish
HIGH RIVER - VULCAN, AB



Office

St. Francis de Sales Parish
206 - 9th Avenue West,
High River, Alberta T1V 1A4

Office Phone # 403-652-2203
Fax # 403-601-3886
Email: francisdesales@shaw.ca

Contact Us

Parish Priest : Fr. Mariusz Sztuk, SDS
Email: dzambel@me.com
Phone: 403-992-2313

Deacon: Larry R. Driver
Email: deaconldriver@gmail.com

Secretary: Nancy Barton
Email: francisdesales@shaw.ca
Phone: 403-652-2203
Sacramental Prep : Nancy Barton
Email: francisdesales@shaw.ca

Music Coordinator: Donna Abramson
Email: droseabramson@gmail.com

LORD'S DAY MASSES

Saturday 5:00 pm - High River

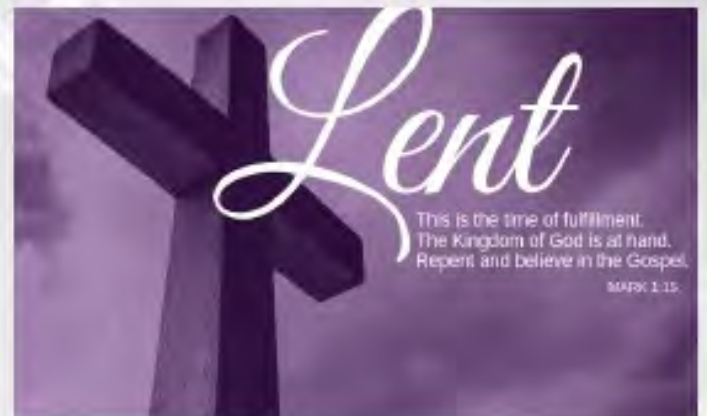
Sunday 9:00 am - Vulcan

Sunday 11:00 am - High River

CONFESSIONS

Monday - Saturday: 45 minutes before Masses

II SUNDAY OF LENT



Second Sunday of Lent

February 25,
2024



Photo B y: Rachel Sanzio



Sunday Readings

First Reading: (Genesis 22: 1-2, 9-13, 18-18) The Lenten season continues with another story of testing. Last Sunday, we heard the trial of Jesus in the desert. In this week's First Reading, we hear of how Abraham was put to the test.

Second Reading: (Romans 8:31b-35, 37) In today's Epistle, Paul uses exact words drawn from this story to describe how God, like Abraham, did not withhold His only Son, but handed Him over for us on the Cross (see [Romans 8:32](#); [Genesis 22:12,16](#)).

Gospel: (Mark 9:2-10) In the Gospel today, too, we hear another echo. Jesus is called God's "beloved Son"—as Isaac is described as Abraham's beloved son. These readings are given to us in Lent to reveal Christ's identity and to strengthen us in the face of our afflictions.

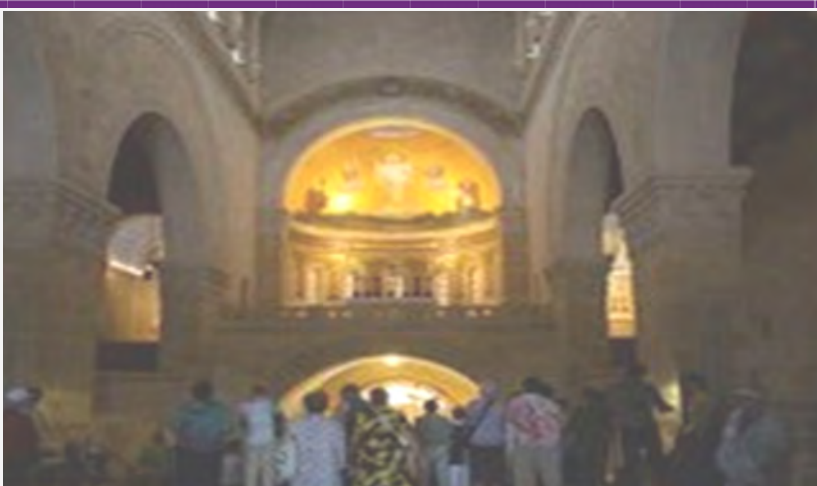
<https://stpaulcenter.com/reflections> for more info.

THE PERFECT PRAYER

It was Sunday morning in the mountain country of central Europe, and the church bells were ringing. A man walking a mountain path came upon a shepherd lad with his father's flock of sheep. The boy was kneeling, and, looking up, was reciting the alphabet.

The man asked, "What are you doing?" and the boy answered, "I am praying." Somewhat sternly, the man said, "Praying? What kind of praying is this? Just saying letters, no words at all?" The lad replied: "I've never learned any prayers, sir. But it's Sunday morning and the bells are ringing in the valley, and I thought I wanted to pray, and I thought maybe - well, maybe - if I just said all of the letters, God might hear them and put them together for me, and spell out what I ought to say."

This, my dear friend, is true worship - worship in its essence, worship at its purest and best: simply to place ourselves before God and turn it all over to him. This is the ultimate devotion, the first act of worship and the final one -here it begins and here it ends. Whatever else we may do - all our praying, all our preaching, all our singing - nothing ever surpasses this: simply to turn it all over to him and say, "Here it is, Lord; take it, and make it come together as it should; take it, and spell it out for me, if you please."



The Transfiguration

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like The sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud, a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

Matthew 17:1-9



Lenten Penitential Service

Please join us for Mass on **March 20, 2024 @ 6:00 pm** followed by our **Lenten Penitential Service**. There will be a few priests available to hear your Confession. All are Welcome!

Please Note: Confession is also 45 minutes before masses



Photo By: joseflo

Stations of the Cross /Soup and Buns

Please join us for Stations of the Cross held **every Friday** during Lent, **Feb. 23—Mar. 22, 2024** at 6:30 pm followed by soup and buns. **All Are Welcome!**

Please Note: Stations of the Cross is at 5:00 pm at St. Andrews in Vulcan.

Date	Ministry
February 23, 2024	Decorating /Parish Council, RCIA/Liturgy & Lector
March 1, 2024	Couples for Christ
March 8, 2024	CWL
March 15, 2024	Notre Dame/Holy Spirit School
March 22, 2024	Knights of Columbus

Confession or Communion to the Homebound

If you are homebound and desiring to receive communion or the Sacrament of Reconciliation, please call the parish office at 403-652-2203 or email Father Marius at dzambel@me.com to request a visit. He will do his best to schedule a visit with you



"The Eucharist is the secret of my day. It gives strength and meaning to all my activities of service to the Church and to the whole world. Let Jesus in the Blessed Sacrament speak to your hearts. It is he who is the true answer of life that you seek. He stays here with us: he is God with us. Seek him without tiring, welcome him without reserve, love him without interruption: today, tomorrow, forever." Saint John Paul II



Sunday Offering

Did you know we now take Donations electronically!
You have the following options:
 Direct Debit, Visa, Master Card. We also have E-transfer set up. The email address is

donation@francisdesaleshighriver.com

If you are interested in switching over to one of these payment methods, please call Nancy in the church office at 403-652-2203 or email her at francisdesales@shaw.ca



Adoration

Please join us for our Adoration after the 9:00 am mass on Thursdays, **from 9:45 am—9:00pm.** If you would like to come for an assigned time, please contact Nancy in the office at **403-652-2203** or email her at francisdesales@shaw.ca
All are welcome!

TOGETHER in ACTION | 2024



God will fully satisfy every need of yours according to His riches in glory in Christ Jesus

Philippians 4:19

Embracing God's divine plan empowers us not only to enrich our own lives but also positively impact those in need.

The 2024 Together in Action will raise:

\$2 MILLION

- 24.5% Care of Retired Priests
- 19.5% Hospital Chaplaincy & Pastoral Care
- 2.7% Ministries Support
- 3.8% Mission Council
- 5% Elizabeth House
- 29.9% Indigenous Reconciliation Fund
- 9.85% Canadian Conference of Catholic Bishops
- 3.5% Calgary Catholic Immigration Society
- 1.25% Canadian Catholic Bioethics Institute



ROMAN CATHOLIC DIOCESE of Calgary
CATHOLICYCA.CA/TIA

TOGETHER in ACTION | 2024

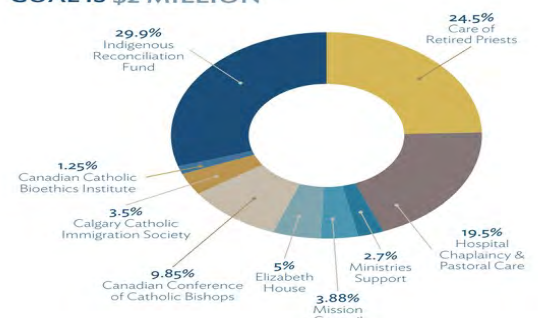
Thank you for your contribution to last year's Together in Action. Your generous donation continues to support the ministries that make a positive difference in the world.

The theme for this year's Together in Action is taken from Philippians 4:19, "God will fully satisfy every need of yours according to His riches in glory in Christ Jesus." This reminds us that we become a bright light in this dark world and bring glory to His name whenever we care for others and serve them.

This year, our Parish goal is **\$24, 643.00** . If we have a surplus, we will be putting it towards the cost of maintaining our 3 furnaces. You can drop off your donation for TIA through the Parish Office or put in an envelope marked "TIA" and drop in the offering basket on Saturday or Sunday, or you can E-Transfer to donation@francisdesaleshighriver.com

You can also donate online via cathocyyca.ca/TIA For more information about TIA, please visit the Diocesan Website cathocyyca.ca/TIA Let us continue to foster a more compassionate world through acts of charity and love, and thank you for your continued support!

2024 DIOCESAN GOAL IS \$2 MILLION





Knights of Columbus®

The Knights of Columbus Council 9521 Super Bowl Charity Fundraiser ended last weekend. The event was a complete success with all tickets/squares being purchased. The winning prizes belong to:

Final Score Sam Browne

1st Quarter Score Frank Van Donzel
2nd Quarter Score Carol Woodward
3rd Quarter Score Carol Woodward
Reverse Final Score Victor Zelinski

Our members wish to thank all the Parishioners for generously supporting this activity. Proceeds will be donated to the Calgary Sisters of the Precious Blood who besides their life of prayer, their main works are the distribution of altar breads to our Parish and throughout the diocese.

Knights of Columbus Council 9521



Easter Basket Ticket Raffle

The Catholic Women's League of our Parish will once again hold an Easter Basket Ticket Raffle as a fundraiser. Ticket sales will be at the Masses from **Saturday, March 2, to Sunday, March 17th, 2024.**

Cost of tickets: \$5.00 each or 3 for \$10.00

The **draw** for the baskets will take place on **Palm Sunday, March 24, 2024** and the CWL will split the proceeds between the **High River Pro Life Group** and **The Narrow Road.**

Should you wish to contribute any items to the baskets, please contact the following:

(Donated items must be in by Tuesday, February 27th)

Barb Wiszt - phone 403-652-2111,
Email wisztjb@telus.net

or

Bae Taylor - phone 403-422-5029,
Email cn.taylor65@gmail.com

or

Alice Sanregret - phone 403-603-7914,
Email becks99@telusplanet.net.

We look forward to your support and thank you in advance for purchasing tickets for the baskets.



ROWAN HOUSE SOCIETY

Donations for Rowan House



As everyone knows the CWL had a very successful Christmas Bake Sale in December and the membership have decided to donate all of the funds to Rowan House. Rowan House, located in High River, offers emergency shelter for women and children dealing with domestic abuse.

Being we are a ladies group, we should contribute to the needs of this organization and therefore these are some of the items required :

Essential Basics:

New* bras/underwear (all sizes, especially S,L) **New*** pajamas (all sizes) **New*** bath towels, **New*** twin size linens, nail clippers, tweezers, laundry baskets, baby wipes, baby bibs, baby shampoo, soap, hand lotion, **New*** Boys clothing (sizes 5-17), **New*** children's underwear (sizes 3-12).

Food:

Canned vegetables, canned meat, baby formula, baby food, baby snacks.

Other Supports:

Journals/Notebooks, Walmart Gift Cards, Gas Station Gift Cards, Grocery Store Gift Cards, Dollar Store Gift Cards, Long-distance Calling Cards, On-It Passes, Duffle Bags/luggage

Around the Shelter:

Antibacterial Wipes, Toilet Paper, Facial Tissue, Laundry Detergent, Fabric Softener, Dryer Sheets.

Choosing items from this list ensures the greatest, direct impact to the clients.
***Please note:** due to health and safety concerns, Rowan House cannot accept used clothing or linens.

Bins will be located in the Church Hall for your contributions.

2024 Rite of Election

As some of you may already know, last Sunday, nine individuals from our RCIA group along with their sponsors participated in a celebration at the Cathedral in Calgary. The event was presided over by Bishop William. Let us keep them in our prayers as they prepare for their full participation in the Catholic faith.



Names of Catechumens

Steve Soro, Alex Soro, Marie Soro, Laura Morrow, Reid Morrow, Rylan Morrow





INDULGENCE FOR PRAYING STATIONS

Pray the Stations and obtain an indulgence for the Holy Souls in Purgatory or for yourself.

This is what you do...

1) *Pray the Stations of the Cross in a church or outside where the stations have been lawfully erected, and meditate upon the Passion and Death of Our Lord, even briefly. Movement from one station to the next is required unless you are doing them as a group.*

2) *Have the intention to receive the indulgence and, in addition, to gain a plenary indulgence, one must be free from all attachment to sin, even venial sin, and fulfill the following three conditions:*

** Receive sacramental Confession about 20 days before or after the indulgenced prayer is offered. One sacramental Confession suffices for several plenary indulgences.*

** Receive Holy Communion for each plenary indulgence sought.*

** Pray for the holy intentions of the Supreme Pontiff for each plenary indulgence sought. Praying at least one Our Father and one Hail*

Mary fully satisfies this condition.

It is appropriate, but not necessary, that the sacramental Confession, and especially Holy Communion and the prayer for the Pope's intentions, take place on the same day that the indulgenced work is performed; but it is sufficient that they are carried out within several days (about 20) before or after the indulgences act.

Reminder: *Why Indulgences?*

*An indulgence is a remission before God of the temporal punishment still due for sins whose guilt has been forgiven in the Sacrament of penance. Every sin, whether venial or mortal, incurs a debt or stain of sin, also called temporal punishment. Indulged prayers and practices are effective ways of making satisfaction to God's justice for this debt that we owe for our sins. If we do not pay the debt of temporal punishment here on earth, our purification will take place in Purgatory. There are **two types of indulgences: plenary and partial.***

*A **plenary indulgence** can be gained only once a day. If gained, it removes all of the temporal punishment still due for sin.*

*A **partial indulgence** can be gained multiple times in a day to remove part of the temporal punishment due for sin.*

In order to be capable of gaining indulgences, one must be baptized, not excommunicated, and in the state of grace at least at the time of the completion of the indulgences act.



MASS INTENTIONS

February 1– 29, 2024

February 1	9:15 am	Cathy Nesselbeck †
February 2	9:15 am	Cathie McNelis †
February 3	9:00 am 5:00 pm	Cathy Nesselbeck † Our Parish
February 4	9:00 am—(Vulcan) 11:00 am	St. Andrew's CWL Sisters Haley Bateman
February 5	9:00 am	No Mass
February 6	7:00 pm	Alma Vandewelee †
February 7	6:00 pm	Bereavement Mass
February 8	9:15 am	Rena Morrison
February 9	9:15 am	John & Balida Hoffart †
February 10	9:00 am 5:00 pm	Danny & Mary Rehak † Besse Amores †
February 11	9:00 am—(Vulcan) 11:00 am	John MacDougall † Our Parish
February 12	9:00 am	No Mass
February 13	7:00 pm	SFDS CWL Sisters
February 14	9:00 am 5:00 pm 7:00 pm	Ash Wednesday Mass (HR) Ash Wednesday Mass (Vulcan) Ash Wednesday Mass (HR)
February 15	9:15 am	Wendell & Noelle Hoffart
February 16	9:15 am	Tim McLean †
February 17	9:00 am 5:00 pm	Jacob Fraser Theresa Fallows †
February 18	9:00 am—(Vulcan) 11:00 am	Our Parish Len Hickey †
February 19	9:00 am	George & Antonina Sztuk †
February 20	7:00 pm	Paul & Suzanne Baxter
February 21	3:15 pm—(Seasons HR) 6:00 pm	Geraldine Gervais Godchildren of the Baldwin's
February 22	9:15 am	Hoffart Family †
February 23	9:15 am	Frank Charette †
February 24	9:00 am 5:00 pm	Barb Charette Alejandro & Vilma Zevallos †
February 25	9:00 am—(Vulcan) 11:00 am	Our Parish Richard Rappel †
February 26	9:00 am	Linda Dunstan †
February 27	7:00 pm	Cecilia Bleile †
February 28	3:30 pm—(The Manor) 6:00 pm	Cathy Nesselbeck † George & Antonina Sztuk †
February 29	9:15 am	Godparents of the Baldwin Children



Online or in studio (High River) lessons!

Teaching all styles and levels

Guitar, Bass, Ukulele and Mandolin

Call or Text Rob at 403-975-9806



Your Alberta Broker

Leeah Holle
Mortgage Broker

• YourAlbertaBroker.com
• LeeahHolle@DominionLending.ca
• 403.652.8930

Dominion Lending Centres Mortgage Force
Each office independently owned & operated



**DIANNE
MANTEI**
FRANCHISE OWNER

#2, 28-12th Avenue SE
High River, AB T1V 1T2
Office: 403.652.7266
Fax: 403.652.1492
Dianne.Mantei@hrblock.ca

OPEN YEAR-ROUND
HRBLOCK.CA



Piano & Theory Lessons
Live Music
Piano Accompaniment

Rhona-Mae Arca
B.A., B.Mgt., A.R.C.T., R.M.T.

2013 Tech Teacher of the Year

(403) 201-6746
musespeakstudio@gmail.com
www.musespeak.com
(in Bridlewood, SW Calgary)



Snodgrass
FUNERAL HOMES

On-site Chapel, Crematorium & Reception facilities
The Snodgrass Family
serving families of southern Alberta since 1929

301 MACLEOD TRAIL, HIGH RIVER 403-652-2222

www.snodgrassfuneralhomes.ca
High River Medical Clinic

to the wind
MUSIC STUDIO
serving the foothills & area

PIANO LESSONS
THEORY RUDIMENTS

JAY-ARNEL ARCA, A.R.C.T.
REGISTERED MUSIC TEACHER
(403) 995-9691
PIANO@TOTHESWIND.COM
WWW.TOTHESWIND.COM

DARLENE BEUTLER

Associate

403.333.7333

keyconnection@shaw.ca



www.highriverproperty.com

**THIS SPACE IS
AVAILABLE**



Lyle Reeves
FUNERALS
Experience The Difference

Traditional Burial Services
Memorial Cremation Services

Craig Snodgrass
Owner / Funeral Director

115 8th Ave. SE - High River, Alberta
www.lylereeves.com
PH 403.652.4242



HIGH RIVER PHARMACY
Rx PharmaChoice *Advice for Life*

Lucius Okator, B Pharm, M.ScPharm
Pharmacist/Owner
Prescribing Pharmacist, Injection Certified, CDE

103 - 3 Ave. SW, High River, AB T1V 1M3
T: 403-652-5608 F: 403-652-5609
highriverpharmacy@gmail.com

Please support these Advertisers, who have supported us.